

Cornerstone VNA presents

Caregivers Connect

Connecting caregivers through support and education

Caregiving for a loved one with Alzheimer's

Thursday, May 5, 2016 from 2:00 pm - 5:00 pm
Governor's Inn, 78 Wakefield Street, Rochester

Special Event Speakers

A. Michael Bloom, Author

*The Accidental Caregiver's Survival Guide:
Your Roadmap to Caregiving without Regret*

Certified Professional Coach and Caregiving Without Regret™ Expert A. Michael Bloom, MA, MS, CPC, has energized hundreds of caregivers with soul-saving coping strategies that support them in saving lives, including their own.

Dr. John Hopkins, Gerontologist

Owner and Operator of Bellamy Fields and Watson Fields, Dover, NH

Dr. Hopkins began his career in psychiatric health care management in 1977 at a Veterans Hospital in Pittsburgh. His assisted living facilities specialize in the memory, movement and medical challenges of aging.

The first 50 caregiver registrants will receive a free copy of Michael Bloom's book.

Trained staff and volunteers from Cornerstone VNA will be providing on-site respite care, in a safe and welcoming environment, for caregivers who wish to attend the event.

RSVP to sleone@cornerstonevna.org or call 603-332-1133 x115.

Additional information at www.cornerstonevna.org.

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